



ADESH MEDICAL COLLEGE & HOSPITAL

NH-1, VILL-MOHRI, TEHSIL SHAHABAD (M)

KURUKSHETRA, HARYANA-136135

PROPOSED FOUNDATION COURSE; WEEKLY TIME TABLE MBBS BATCH 2019-2020

DAY & TIME	8AM-9AM	9AM-10AM	10 AM -12 PM	12 PM-1 PM	1PM-2PM	2 PM -4 PM		
						ROLL NO.s 1-50	ROLL NO.s 51-100	ROLL NO. s101-150
01.08.19 THURSDAY	9.1.4,5 Student Introduction & Icebreaking activity	9.1.1(2) ORIENTATION TO THE MBBS PROGRAMME <ul style="list-style-type: none"> • Welcome Address by Principal • Vision & Mission of AMCH 	9.1.1(1) THE MEDICAL PROFESSION & THE PHYSICIAN'S ROLE IN SOCIETY <ul style="list-style-type: none"> • Roles & Responsibilities of a Physician • Expectations of family, society & self from a Physician 	9.1.1(2) ORIENTATION TO THE MBBS PROGRAMME <ul style="list-style-type: none"> • Introduction to Phase -I , Phase-II & Phase-III Faculty 	LUNCH BREAK	9.1.1(10) COLLEGE CAMPUS; Visit to Medical College including Library, Sports Ground, Common Rooms, Mess/ Canteen, Hostel, & Gymnasium.	3 HOSPITAL VISIT – MEDICINE & ALLIED Visit to Emergency ,Med. OPD & IPD	3 HOSPITAL VISIT -SURGERY & ALLIED Visit to Surg. OPD & IPD
02.08.19 FRIDAY	9.1.4,5 Student Introduction & Icebreaking activity	9.1.1(2) ORIENTATION TO THE MBBS PROGRAMME <ul style="list-style-type: none"> • Brief overview of GMER, Curriculum, Attendance & Examination system 	9.1.1(1) THE MEDICAL PROFESSION & THE PHYSICIAN'S ROLE IN SOCIETY <ul style="list-style-type: none"> • Scope of Practice for a Physician • Balancing personal & professional needs 	9.1.1(3) HISTORY OF MEDICINE ; <ul style="list-style-type: none"> • Cultural Heritage of medicine • Medical Specialists in History & their Significant contributions 		3 HOSPITAL VISIT – MEDICINE & ALLIED	3 HOSPITAL VISIT - SURGERY & ALLIED	9.1.1(10) COLLEGE CAMPUS



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03.08.19 SATURDAY	9.1.4,5 SPORTS	9.1.1(2) ORIENTATION TO THE MBBS PROGRAMME <ul style="list-style-type: none"> Introduction to Mentorship Programme at AMCH; FAME (Faculty Assisted Mentoring Endeavour) 	9.1.1(1) THE MEDICAL PROFESSION & THE PHYSICIAN'S ROLE IN SOCIETY-Interactive session <ul style="list-style-type: none"> Learning to care for patient; Understanding the Hippocratic Oath 	9.1.1(4) MEDICAL ETHICS, ATTITUDES & PROFESSIONALISM <ul style="list-style-type: none"> An Introduction to Medical Humanities and its Importance 		3 HOSPITAL VISIT -SURGERY & ALLIED	9.1.1(10) COLLEGE CAMPUS	3 HOSPITAL VISIT – MEDICINE & ALLIED
04.08.19 SUNDAY	SUNDAY							
05.08.19 MONDAY	9.1.4,5 SPORTS	9.1.1(5) HEALTH CARE SYSTEM & ITS DELIVERY; Relevance & Delivery	9.1.1(3) ALTERNATE HEALTH SYSTEMS IN THE COUNTRY ;Introduction to AYUSH	9.1.1(6) NATIONAL HEALTH PRIORITIES & POLICIES ; An overview of National Health programmes		3 ACADEMIC AMBIENCE ANATOMY DEPTT. Overview of Anatomy Dept including Museum & D Hall	3 ACADEMIC AMBIENCE-PHYSIO DEPTT. Overview of Physiology Dept including Laboratories	3 ACADEMIC AMBIENCE BIOCHEM DEPTT. Overview of Biochemistry Dept Including College & Hospital laboratories
06.08.19 TUESDAY	9.1.4,5 SPORTS	9.1.1(7) UNIVERSAL PRECAUTIONS AND VACCINATIONS; Understanding Health care hazards	9.1.1(9) PRINCIPLES OF PRIMARY CARE -LARGE GROUP ; Need for Primary care and its relevance in Indian context	9.1.1(7) UNIVERSAL PRECAUTIONS AND VACCINATIONS- SMALL GROUP- BMW Management at AMCH (Interaction with Nursing staff and HCWs on BMW management)		3 ACADEMIC AMBIENCE BIOCHEM DEPTT.	3 ACADEMIC AMBIENCE ANATOMY DEPTT.	3 ACADEMIC AMBIENCE-PHYSIO DEPTT.
07.08.19 WEDNESDAY	9.1.4,5 SPORTS	9.1.1(8) PATIENT SAFETY & BIOHAZARD SAFETY Occupational Biohazards for HCWs and their management	9.1.1(9) PRINCIPLES OF PRIMARY CARE- SMALL GROUP Visit to Sub centre	9.1.1(8) PATIENT SAFETY & BIOHAZARD SAFETY- SMALL GROUP BMW Management at AMCH (Interaction with		3 ACADEMIC AMBIENCE-PHYSIO DEPTT.	3 ACADEMIC AMBIENCE BIOCHEM DEPTT.	3 ACADEMIC AMBIENCE ANATOMY DEPTT.



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				Nursing staff and HCWs on BMW management)			
08.08.19 THURSDAY	9.1.4,5 EC Activity	4 a,b CURRICULUM DESCRIPTION & CAREER PATHWAYS & PERSONAL GROWTH; Life Beyond MBBS Degree; Career options	5 a LEARNING PEDAGOGY Introducing different approaches to Student centric pedagogical learning strategies; Reflective, constructive, Integrative, Inquiry based and collaborative learning.	1 e GENDER SENSITIVITY Creating awareness about Gender roles and gender equality		BATCH A 1 & A2	BATCH B1 & B2
						9.1b (1&3) LANGUAGE SKILLS*	9.1b (1&3) COMPUTER SKILLS**
09.08.19 FRIDAY	9.1.4,5 EC Activity	4 c,d ROLE AT VARIOUS LEVELS OF HEALTH CARE DELIVERY SYSTEM & SKILL REQUIREMENTS & CERTIFICATIONS <ul style="list-style-type: none"> Understanding role of physician at different Health care delivery levels, Skill development and essential requirements 	5 b SELF DIRECTED LEARNING -I How to plan and participate in own learning activities; <ul style="list-style-type: none"> Self Motivation Self Management Self Monitoring Self Modification 	2 a WHAT CAN THE STUDENT EXPECT FROM THE SOCIETY & NATION. Student interaction with patients and community members followed by debriefing session		9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS
10.08.19 SATURDAY	8 WORKING WITHIN HEALTH CARE TEAM Concept of Health Care Team, its composition, role of all members.	4 e,f EXAMINATIONS & UNIVERSITY RULES REGARDING EXAMINATION & ATTENDANCE. Brief Overview of Formative, Summative & Internal Assessment, as per University rules and regulations.	5 c LEARNING STRATEGIES Introducing VARK (Visual, Aural, Reading/ Writing & Kinesthetic learning modalities)	2 b,c WHAT CAN THE STUDENT EXPECT FROM THE INSTITUTION & TEACHERS Student interactions with Faculty followed by debriefing session		9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS
11.08.19 SUNDAY	SUNDAY						



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12.08.19 MONDAY	9.1.4,5 SPORTS	5 a LEARNING PEDAGOGY Introduction of Reflective writing as a learning tool	5g USE OF ONLINE RESOURCES Use of Computers to search for Online resources*** Internet research and online learning	2 d WHAT CAN THE STUDENT EXPECT FROM PEERS & COLLEAGUES Student interviews with senior students and peers followed by debriefing session		9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	
13.08.19 TUESDAY	9.1.4,5 SPORTS	5 b SELF DIRECTED LEARNING -II Examples of SDL & its application in Research	5 h, GROUP LEARNING Introduction to Group dynamics	2e WHAT CAN THE STUDENT EXPECT FROM PATIENTS Student Interviews with Patients followed by Reflections		9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
14.08.19 WEDNESDAY	9.1.4,5 SPORTS	5 c LEARNING STRATEGIES; Introduction to Cinemeducation as a Teaching-learning tool	9.1.1(4) MEDICAL ETHICS, ATTITUDES & PROFESSIONALISM What is Unethical & Unprofessional behavior in medical practice?			9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	
15.08.19 THURSDAY	HOLIDAY							
16.08.19 FRIDAY	9.1.4,5 EC Activity	5 d, COMMUNITY BASED LEARNING Community Visit; as a Teaching Learning tool	9 DOCUMENTATION AND THE MEDICAL RECORD Visit to Medical Record Department (MRD) Importance of documentation of patient related medical records			9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
10 AM – 1 PM								
17.08.19 SATURDAY	10 INTERPERSONAL COMMUNICATION • Essential components of IPC	5e PEER ASSISTED LEARNING Use of Peer tutors as a cooperative, active learning strategy	A1 FIRST AID (17)	A2 BASIC LIFE SUPPORT (17) CPR	B1 FIELD VISIT (16) To PHC	B2 LEARNING SKILLS (5) Com. Skills	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS



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	• Role of IPC in conflict management					Verbal & Non-Verbal Communication			
18.08.19 SUNDAY	SUNDAY								
19.08.19 MONDAY	9.1.4,5 SPORTS	5g USE OF ONLINE RESOURCES ; Use of Information Technology & Social media apps in Medical education	LEARNING SKILLS (5) Com. Skills Verbal & Non-Verbal Communication	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To PHC	BATCH A 1 & A2	BATCH B1 & B2	
20.08.19 TUESDAY	9.1.4,5 SPORTS	5 h, GROUP LEARNING Poster making competition on Hand hygiene	FIELD VISIT (16) To PHC	LEARNING SKILLS (5) Com. Skills Verbal & Non-Verbal Communication	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
21.08.19 WEDNESDAY	9.1.4,5 SPORTS	5 I ASSESSMENT DRIVEN LEARNING Importance of Assessment & Common Assessment tools	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To PHC	LEARNING SKILLS (5) Com. Skills Verbal & Non-Verbal Communication	FIRST AID (17)	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	
22.08.19 THURSDAY	9.1.4,5 EC Activity	5 j SIMULATION BASED LEARNING Classroom training in FIRST AID using Simulation	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To CHC	LEARNING SKILLS (5) Inter -personal Communication	9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
23.08.19 FRIDAY	9.1.4,5 EC Activity	5 k LEARNING FROM PATIENTS & OTHER MEMBERS OF THE HEALTH CARE TEAM Student Interactions with Para-medical workers;	LEARNING SKILLS (5) Inter -personal Communication	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To CHC	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	



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		Experience sharing							
24.08.19 SATURDAY	HOLIDAY								
25.08.19 SUNDAY	SUNDAY								
26.08.19 MONDAY	9.1.4,5 SPORTS	14 PROFESSIONAL ATTITUDE & ETHICAL BEHAVIOUR L1 What does it mean to be part of Health Care Team	FIELD VISIT (16) To AYUSH Health facility	LEARNING SKILLS (5) Inter -personal Communication	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	
27.08.19 TUESDAY	9.1.4,5 SPORTS	14 PROFESSIONAL ATTITUDE & ETHICAL BEHAVIOUR L2 Concept of Honesty, Integrity & Respect in interactions with Health Care Team	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To AYUSH Health facility	LEARNING SKILLS (5) Inter -personal Communication	FIRST AID (17)	9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
28.08.19 WEDNESDAY	9.1.4,5 SPORTS	9.1.b 5 TIME MANAGEMENT Importance of Time management, Time Management Tips and techniques	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To AYUSH Health facility	LEARNING SKILLS (5) Communication with patients & Families	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	
29.08.19 THURSDAY	9.1.4,5 EC Activity	9.1.b 6 STRESS MANAGEMENT Strategies for Students to reduce stress (Meditation / Yoga)	LEARNING SKILLS (5) Communication with patients & Families	FIRST AID (17)	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To AYUSH Health facility	9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS	
30.08.19 FRIDAY	9.1.4,5 EC Activity	7 GROUP DYNAMICS; Application of Group dynamics in Medical education	FIELD VISIT (16) To CHC	LEARNING SKILLS (5) Communication with patients & Families	FIRST AID (17)	BASIC LIFE SUPPORT CPR	9.1b (1&3) COMPUTER SKILLS	9.1b (1&3) LANGUAGE SKILLS	



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31.08.19 SATURDAY	9.1b (1&3) COMPUTER SKILLS; Tips for making effective Power point presentation	8 WORKING WITH HEALTH CARE TEAM Health Care Team; Polio eradication; experience sharing	BASIC LIFE SUPPORT (17) CPR	FIELD VISIT (16) To CHC	LEARNING SKILLS (5) Communication with patients & Families	FIRST AID (17)		9.1b (1&3) LANGUAGE SKILLS	9.1b (1&3) COMPUTER SKILLS
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* **Language Skills:** As per student need, either in English or Local language

** **Computer skills:** Basic Computer knowledge, MS Word, Excel & designing Power point presentation.

TIME DISTRIBUTION:		TIME ALLOTTED (HRS)	TIME REQUIREMENT AS PER MCI
Orientation		30	30
Skills Module (SM)		35	35
Field visit to community health center		09	08
Professional Development including ethics (PDE)		40	40
Sports and Extracurricular activities		22	22
Language skills	Computer skills	39 + 1 hr*** (Use of online resources)	40
Total Hours		175	175